

ADA HUKKI-AITALA

PROFILE

A highly motivated second-generation plastic surgeon from Helsinki, Finland with over 8 years of surgical experience in both the public and private sectors. My family includes two children (b. 2020 and 2020), husband and Jack Russel terrier. I'm passionate about my job, sports, music, and horses.

EDUCATION

Plastic Surgeon

Tampere University, 2024

Doctor of Medicine, 2014

University of Tartu, Estonia

Secondary School Graduate, 2005

Tapiola High School, Espoo, Finland

Elementary School

Katajanokka and Kruununhaka Elementary School, Helsinki Finland

WORK EXPERIENCE

Plastic Surgeon

Kanta-Hämeen Keskussairaala, Hämeenlinna, Finland 3/2024 – present

- Day time job as a plastic surgeon
- Elective and emergency operations from head to toe

Resident of Plastic and Reconstructive Surgery

Tampere University Hospital, Finland 11/2019 – present

- Over 300 operations as a main surgeon or assistant including elective and emergency operations
- Hand on hand training in microsurgery
- Present of lectures and participating on research projects
- Theoretical training
- On call work on weekly basis
- Numerous local facial skin flaps, basic and advanced oculoplastic procedures, breast surgery (including reductions, symmetrisation, oncoplastic breast cancer operations and reconstructions), abdominoplasties, skin cancer surgeries with lymph node biopsies and evacuations, treatment of burns, infections and other emergency operations, multidisciplinary surgeries with orthopedists, gastrosurgeons, gynecologists

PROFESSIONAL DETAILS

Ada Hukki-Aitala
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LANGUAGE

Finnish	Mother tongue
English	Excellent
Estonian	Excellent
Swedish	Basic



Resident of Surgery

Päijät-Häme Central Hospital, Lahti, Finland 5/2015 – 10/2019

- Training and experience of all fields of surgery including gastrosurgery, orthopedics, pediatric surgery, vascular surgery, thorax surgery, emergency surgery and plastic surgery
- Participating in different trainings, congresses, and educations
- Giving lectures to younger surgeons
- Participation on research projects
- Experience of local skin flaps and skin cancer operations at Päijät-Häme dermatology clinic

9-month-period in Health Care Center required

Nurmijärvi Health Care Center, Finland 7/2014 – 4/2015

- Working as a general practitioner after finished medical school

Private Sector

KC Clinic, Tampere, Finland 04/2019 – present

- Own consultations and smaller surgeries
- Training with very experienced plastic surgeon Heikki Kupi
- Participation in aesthetic trainings and congresses
- Injections, skin resurfacing

Academic Plastic Surgery, Helsinki, Finland 1/2018 - present

- Attending to consultations and surgeries done by Jyri Hukki, professor of Plastic Surgery, Head of Craniofacial Center Helsinki University Hospital (retired)
- Theoretical training
- Injections
- Participation in aesthetic trainings and congresses

Mabel 4/2021 – present

- Over 2000 injections (botox and fillers)

RESEARCH

PhD student, Helsinki University

Imaging (MRI) studies in Children with Craniosynostosis.
Directors Docent of Plastic Surgery Anne Saarikko, Docent of Plastic Surgery Junnu Leikola, and Professor of Radiology Taina Autti

Proceedings

- Brain Anomalies in 121 Children with Non-Syndromatic Single Suture Craniosynostosis by MR Imaging, European Journal of Pediatric Neurology, November 2012
- DOI: 10.1016/j.ejpn.2012.04.003
- The Evolution of Cerebellar Tonsillar Herniation after Cranial Vault Remodeling Surgery, Child's Nervous System, October 2012

- DOI: 10.1007/s00381-012-1816-7
- Use of Black Bone MRI in the diagnosis of patients with posterior plagiocephaly, Childs Nervous system 2018
- DOI: 10.1007/s00381-018-3783-0
- Fourth article about the imaging findings with children with Muenke syndrome in progress

MOST IMPORTANT CONGRESSES AND TRAININGS

- Face Lift and Rejuvenation Surgery Course, 29.-30.4.2024, Regensburg, Germany
- Botti's Best Breast 23.-25.6.2023, Gardone Riviera, Italy
- Nordic Course in Plastic Surgery, Malformations, 13.-17.1.2022, Bergen, Norway
- Scandinavian Flap Course 2021, Uppsala, Sweden
- Scandinavian Course in Reconstructive Plastic and Aesthetic Surgery 9.-12.11.2021, Copenhagen, Denmark
- Training in Microsurgery, 6.-10.5.2019, Tampere University Hospital, Finland
- Beauty Through Science, 7.-9.6.2018, Stockholm, Sweden
- X Breast Reconstruction, Reconstruction Course on Cadaver, 9.-20.10.2017, Alicante, Spain
- EMSB Management of Severe Burns, Helsinki Burn Center, 15.4.2016, Helsinki, Finland
- AO Trauma Course, Basic Principles of Fracture Management, 20.-22.4.2016, Helsinki, Finland
- 17th Biennial Meeting of the European Society of Craniofacial Surgery ESCFS, 27.-29.9.2012, Goteborg Sweden
- 14th European Conference of Scientists and Plastic Surgeons, ECSAPS, 17-18.9.2011

HOBBIES

Music has played a big part of my life since my early childhood. I started playing violin and piano when I was three years old and reached later even a professional level. . In addition to music, I love doing sports. I've had several show jumping horses and have been competing in national level when I was younger. I've also competed in powerlifting in national level and I'm an owner of a bronze medal from Southern Finnish Championships 2019. After having two children I haven't competed but going to gym is still a dear hobby.

